

*hertfordshire rural forum*

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**HERTFORDSHIRE SPORTS PARTNERSHIP**

**SPORT IN RURAL COMMUNITIES**

**“Increasing participation and access to  
sport & physical activities in rural areas”**

Wednesday, 26<sup>th</sup> November 2003

9.30am - 4.00pm

All Saints Pastoral Centre, London Colney

**Delegates Pack**

# SPORT IN RURAL COMMUNITIES

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## Delegates List

Name	Organisation	Name	Organisation
Alex McGolpin	Community Development Agency Herts	Josie Heffernen	Dacorum Healthy Walks Co-ordinator
Alison Abbott	SE Herts PCT	Judith Watson	Woolmer Green Parish Council
Andy Hardstaff	Countryside Management Service Hertfordshire	Liz Biggs	Healthy Schools Co-ordinator
Angela Spencer	Prosperity Forum	Louise Rowland	Winchester City Council
Annie Hawkins	Cultural Officer	Lynn Green	Three Rivers Volunteer Bureau
Ben Wallis	North Herts District Council	Malcolm Chapman	Herts Sports Partnership
Carol Warren	Berkhamsted cricket, sport and social club	Mark Harrison	Business Link Hertfordshire
Caroline Evans	Woolmer Green Parish Council	Mark Jarrad	Chipperfield Village Clubs
Chris Cutforth	Sport England	Mary Bayes	Herts Rural Forum Chairman
Chris Jones	Sport England	Neil Deans	Herts Sports Partnership
Claire Pullen	East Herts District Council	Mr D Burchell	Markyate Bowls Club
Douglas Adams	Little Gaddesden Sports Club/PC	Mrs I Cooper	Redbourn Recreation Centre
Eve Galloway	CSF - Community Team (East)	Robert Warren	Berkhamsted cricket, sport and social club
Geoff Parkinson	Berkhamsted cricket, sport and social club	Ron Hodgson	Herts Youth Service
Glen Calverley	Watford Football Club	Sarah Jefferies	Herts Association for young people
Gordon Banks	Saracens Foundation	Sarah Talks	Ashwell Parish Council
Henna Roberts	North Herts District Council	Sarah Walsh	Three Rivers District Council
Jacqueline Grant	Herts Rural Transport Partnership	Simon Barfoot	North Herts District Council
James Warwick	Broxbourne Council	Simon Gardner	Lee Valley Regional Park
Jane Lunt	Herts Sports Partnership	to be confirmed	Ashwell Parish Council
Jane Porter	Ashwell Parish Council	Trevor Mose	Herts County Council
Jerry Green	Chess Valley Rugby Club	Tricia Pope	Herts External Resources Network
John Cowley	Markyate Bowls Club	Victoria Bale	Millennium Volunteers in Herts

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## Programme

9.30am Registration & refreshments

10.00 **Welcome** - Councillor Mary Bayes, Chairman  
Hertfordshire Rural Forum

10.15 **Regional and local context**  
- Sport in the East of England (Sport England)  
- Hertfordshire Sports Partnership (HSP)

11.00 **Break**

11.20 **Workshop sessions (pre-booked by delegates).**  
Emphasis on identifying opportunities and barriers to progress.

**Group 1: ‘Getting Active in Your Community’**

How community and parish plans can provide for sport and physical activities – ways on engaging communities.

**Group 2: ‘What’s stopping you?’**

Addressing access to opportunities including transport / social issues.

**Group 3: ‘Show me the money!’**

Exploring the many and varied sources of funding for sport and physical activities.

**Group 4: ‘Healthy Communities’.**

Exploring the opportunities for linking with the health agenda and health-related projects.

**Group 5: ‘Your community needs you!’**

How to support volunteers involved in organising sport activities and identifying barriers to involvement.

- 12.20 Lunch & Networking**  
– (tour round market stalls / displays)
- 1.15 Introduction to afternoon** – Councillor Mary Bayes
- 1.25 Case Study Presentations:**  
**Healthy Walking initiative in Dacorum.**
- Andy Hardstaff (Countryside Management Service)
- Diversifying into sport.**
- Redbourn Recreation Trust
  - Regional Case Study: Sport England
- 2.30 Break**
- 2.45 Group sessions.** An opportunity for delegates to attend a different session – presentations as before but with emphasis on **action planning** to take the issues forward – building upon the ideas of the morning.
- Group 1: ‘Getting Active in Your Community.’**  
**Group 2: ‘What’s stopping you?’**  
**Group 3: ‘Show me the money!’**  
**Group 4: ‘Healthy Communities’.**  
**Group 5: ‘Your community needs you!’**
- 3.35 Summarising the action plan – All delegates together.**  
Facilitator to summarise the key areas for action to have emerged from each group.
- 4.00 Closing remarks and thanks.** Cllr Mary Bayes.

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## Workshops

Delegates will need to book places on workshops in advance. An explanation of the focus of each group can be found below. The event booking form can be found overleaf.

### **Group 1: ‘Getting Active in Your Community’**

How community and parish plans can provide for sport and physical activities - Ways to engage local communities and ways to secure increased provision and participation in sport and physical activities in rural communities.

### **Group 2: ‘What’s stopping you?’ (Access to opportunity).**

Addressing access issues, including transport / social issues.

### **Group 3: ‘Show me the money!’**

Finding out about the many and varied sources of funding for sport and physical activities and how to access them.

### **Group 4: ‘Healthy Communities’.**

Exploring the opportunities for linking sport and physical activity with the health agenda and health-related projects.

### **Group 5: ‘Your community needs you!’ (Supporting volunteers).**

How to support volunteers involved in organising sporting activities and how to identify barriers to involvement and encourage more people to get involved.

The morning workshops will be aimed at identifying the **opportunities for sport and physical activity** in rural areas and identifying the **barriers to increased participation**.

The afternoon workshops will have its emphasis on **action planning**. Identifying the steps that need to be taken to increase opportunities for sport and physical activity in rural areas by removing some of the barriers building on the ideas identified in the morning.

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## Morning Workshop Groups (facilitators in bold)

### Group 1: 'Getting Active in Your Community.'

Victoria Bale	Millennium Volunteers in Herts
Malcolm Chapman	Herts Prosperity Forum
Mark Harrison	Business Link Hertfordshire
John Cowley	Markyate Bowls Club
James Warwick	Broxbourne Council
Robert Warren	Berkhamsted cricket, sport & social club
Jane Porter	Ashwell Parish Council
<b>Alex McGolpin</b>	<b>Community Development Agency</b>
<b>Claire Pullen</b>	<b>East Herts District Council</b>
<b>Henna Roberts</b>	<b>North Herts District Council</b>

### Group 2: 'What's stopping you?'

Ron Hodgson	Herts Youth Service
Caroline Evans	Woolmer Green Parish Council
Glen Calverley	Watford Football Club
Simon Gardner	Lee Valley Regional Park
Sarah Talks	Ashwell Parish Council
Carol Warren	Berkhamsted cricket, sport & social club
Andy Hardstaff	Countryside Management Service
<b>Chris Jones</b>	<b>Sport England</b>
<b>Annie Hawkins</b>	<b>Cultural Officer</b>

### Group 3: 'Show me the money!'

Sarah Walsh	Three Rivers District Council
Mr D Burchell	Markyate Bowls Club
Douglas Adams	Little Gaddesden Sports Club/PC
Mrs I Cooper	Redbourn Recreation Centre
To be confirmed	Ashwell Parish Council
Geoff Parkinson	Berkhamsted cricket, sport & social club
Angela Spencer	Hertfordshire Prosperity Forum
<b>Chris Cutforth</b>	<b>Sport England</b>
<b>Tricia Pope</b>	<b>HERN</b>

### Group 4: 'Healthy Communities'

Louise Rowland	Winchester City Council
Jacqueline Grant	Herts Rural Transport Partnership
Eve Galloway	CSF - Community Team (East)
Alison Abbott	SE Herts PCT
Gordon Banks	Saracens Foundation
<b>Simon Barfoot</b>	<b>North Herts District Council</b>
<b>Liz Biggs</b>	<b>Healthy Schools Co-ordinator</b>

### Group 5: 'Your community needs you!'

Mark Jarrad	Chipperfield Village Clubs
Josie Heffernan	Dacorum Healthy Walks Co-ordinator
Ben Wallis	North Herts District Council
Judith Watson	Woolmer Green Parish Council
Sarah Jefferies	Herts Association for young people
<b>Jane Lunt</b>	<b>Herts Sports Partnership</b>
<b>Neil Deans</b>	<b>Herts Sports Partnership</b>

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## Afternoon Workshop Groups

(facilitators in bold)

### Group 1: 'Getting Active in Your Community.'

Sarah Walsh	Three Rivers District Council
Mr D Burchell	Markyate Bowls Club
Angela Spencer	Hertfordshire Prosperity Forum
Louise Rowland	Winchester City Council
Carol Warren	Berkhamsted cricket, sport & social club
Alison Abbott	SE Herts PCT
Judith Watson	Woolmer Green Parish Council
Jane Porter	Ashwell Parish Council
To be confirmed	Ashwell Parish Council
<b>Alex McGolpin</b>	<b>Community Development Agency</b>
<b>Claire Pullen</b>	<b>East Herts District Council</b>
<b>Henna Roberts</b>	<b>North Herts District Council</b>

### Group 2: 'What's stopping you?'

Douglas Adams	Little Gaddesden Sports Club/PC
Malcolm Chapman	HSP
Mrs I Cooper	Redbourn Recreation Centre
Robert Warren	Berkhamsted cricket, sport & social club
Victoria Bale	Millennium Volunteers in Herts
Sarah Jefferies	Herts Association for young people
Andy Hardstaff	Countryside Management Service
<b>Chris Jones</b>	<b>Sport England</b>
<b>Annie Hawkins</b>	<b>Cultural Officer</b>

### Group 3: 'Show me the money!'

Mark Harrison	Business Link Hertfordshire
John Cowley	Markyate Bowls Club
Ron Hodgson	Herts Youth Service
Caroline Evans	Woolmer Green Parish Council
Jacqueline Grant	Herts Rural Transport Partnership
Eve Galloway	CSF - Community Team (East)
Gordon Banks	Saracens Foundation
Mark Jarrad	Chipperfield Village Clubs
<b>Chris Cutforth</b>	<b>Sport England</b>
<b>Tricia Pope</b>	<b>HERN</b>

### Group 4: 'Healthy Communities'

Simon Gardner	Lee Valley Regional Park
Josie Heffernan	Dacorum Healthy Walks Co-ordinator
Ben Wallis	North Herts District Council
Glen Calverley	Watford Football Club
Geoff Parkinson	Berkhamsted cricket, sport & social club
Sarah Talks	Ashwell Parish Council
James Warwick	Broxbourne Council
<b>Simon Barfoot</b>	<b>North Herts District Council</b>
<b>Liz Biggs</b>	<b>Healthy Schools Co-ordinator</b>